



What is your Sustainability Score?

Use the following Checklist to understand your current score and to improve your Sustainability position

Water

40% of our global population is affected by water scarcity!

1 Point Each

- Use low-flow shower heads
- Use low-flow faucets
- Keep showers under 10 minutes
- Get Mass Save Audit

5 Points Each

- Limit lawn watering
- Plant native landscaping

10 Points Each

- Harvest rainwater from roof
- Install gray water system

Transportation

In the US, transportation accounts for 29% of our emissions affecting climate change

1 Point Each

- Walk instead of using a car
- Minimize / consolidate trips with car

5 Points Each

- Use bike instead of car
- Carpool
- Use motorcycle
- Reduce number of flights taken

15 Points Each

- Use an Electric Vehicle

Home Heating

Fossil Fuels are the largest contributor to climate change and 58% homes in the US heated with oil or gas

1 Point Each

- Use Programmable Thermostat
- Close/Lock windows in winter
- Close Fireplace dampers
- Get Mass Save Audit

5 Points Each

- Well insulated home
- Seal Air Leaks
- High Efficiency Furnace / Boiler

15 Points Each

- Heat with non-oil/gas (i.e. Heat Pumps)

Food / Food Waste

33% of our global food supply is wasted and 11% is wasted in our homes

1 Point Each

- Rotate food in fridge to minimize waste
- Get 'doggie bag' at restaurant for uneaten food

5 Points Each

- Buy some food from local sources
- Grow food in a garden
- Limit meat to 1 time per day
- Compost all food scraps

15 Points Each

- Buy the majority of your food from farmers market or local sources
- Grow majority of food in own garden
- Non-meat diet

Product / Product Waste

Landfills give off methane gas which is 28-36 times more potent than CO2 as it relates to climate change

1 Point Each

- Recycle cans/bottles
- Recycle paper products
- Recycle clothing/textiles
- Use reusable grocery bags

5 Points Each

- Buy some products manufactured locally
- Use compost program for food, paper products, & lawn clippings

15 Points Each

- Buy majority of products from local manufacturers

Electricity

83% of our US electricity generation has yet to convert to clean energy

1 Point Each

- Use LED light bulbs
- Turn off electronics when not in use
- Use Smart power strips
- Get Mass Save Audit

5 Points Each

- Minimize use of Air Conditioners

15 Points Each

- Solar installed on roof
- Purchase electricity from solar farm
- Use heat pumps for cooling

Total Score _____

170-200: Excellent! 120-170: Not bad 80-120: Average <80: Room to Improve

To understand your personal contribution to climate change and to get a personalized Home Sustainability Plan, visit PathtoaGreenHome.com/home-sustainability-plan